



Child Protection in Humanitarian Action (CPHA): Understanding and Applying CP Core Concepts

5 – DAYS TRAINING

Globally 1 in every 70 people around the world is currently caught up in a crisis. Children who constitute just under half the affected population are particularly vulnerable in these situations. The impacts of crises are not only felt immediately by children but can have long lasting effects over the course of their lifetime and into the next generation. While death, injuries, separation from their families, recruitment by armed forces or armed groups, child labor, sexual violence and other types of abuse and exploitation are only some of the risks that boys and girls face in humanitarian situations around the world, protecting them from violence, abuse and neglect is an urgent priority for all humanitarian personnel. This requires a wide set of key skills and technical competencies. This course provides the most evidence-based understandings of the impact of crises on children's wellbeing and development and analyzes interventions that support affected children. It also provides space for critical reflection on how current interventions can be strengthened. This course stems from a keen appreciation of the complexity of child protection in humanitarian settings. Indeed, it's important to acknowledge that historically, humanitarian child protection has been very focused on responding to harms and to protection issues when they've already happened. These reactive programs are absolutely fundamental to the work to provide a response to children, but this course also focuses on the many preventive actions that we can take. Finally, the course preferred to use the expression "Humanitarian Action", because we will discuss emerging practices elaborated in situations where the context itself is not considered an emergency, but the child or the family that has been displaced or forced to leave for whatever reason, has ended up in that context.

This 5-days course aims to strengthen and improve the skills and capacity of Child Protection professionals and other personnel's profiles working or willing to work in humanitarian settings; providing them with tools to understand the overall framework of interventions as well as instruments to design, implement, monitor and evaluate key CPHA evidence-based interventions and projects.

Who is this course for?

This training is addressed to all professionals, who:

- Are working or planning to work in humanitarian contexts and/or in the area of child protection and child protection in humanitarian settings;
- Are interested in acquiring a good understanding of key CP principles, concepts and operational approaches and learn how to set-up, implement and monitor and evaluate a CP project in partnership with all relevant stakeholders in humanitarian settings;
- Want to be equipped with an extensive set of key skills, competence and tools to assess, identify and respond to individual cases of at-risk children as well as promoting preventive actions.

Course content

Upon successful completion of this course, participants will:

- Be familiar with the CP legal framework, inter-agency coordination requirements and key global guiding documents and instruments, and be able to apply key CP core principles and standards;
- Understand child wellbeing and the active role of child agency, caregivers and communities to support and protect children;
- Be able to develop and implement a principled and quality CP programme in all its components, including identifying and assessing key needs, setting priorities and solid outcomes and monitoring the response;
- Know evidence-based child protection interventions in humanitarian settings, including the emerging practice of strengthening families, promoting child agency, and supporting community-based interventions;



- Be familiar with the Mental Health and Psychosocial Support framework and how Child Protection actors can contribute to the holistic wellbeing of children and their families;
- Be able to identify and assess children's specific vulnerabilities/ at-risk groups, and to put forward adequate response plans and to advocate to other sector for child protection mainstreaming;
- Understand the provision of individual care through the case management process, and the different measures and provisions aimed to ensure protection from abuse, including sexual exploitation and abuse.
- Acquire a more in-depth understanding of self-care practices, including practical techniques to maintain the own psychosocial wellbeing, while working in a highly stressing environment.

MODULE 1. What is CPiE?

This module will provide an overview of the CPiE normative framework and main guiding principles, making use of the existing international documents, particularly the Convention on the Rights of the Child (CRC) and the Child Protection Minimum Standards (CPMS).

MODULE 2: Inter-agency and Child Protection Coordination

This module will provide a brief overview of the humanitarian framework within which a Child Protection emergency response takes place. Participants will get familiar with actors and roles playing a key role in inter-agency coordination. They will learn how CP actors can benefit and are expected to contribute to the inter-agency agenda.

MODULE 3. Understanding Child Development and Child Protection

This module will provide an overview of the different dimensions of child development and children's needs. It will also include a description of risk factors and the role of families and communities to protect and care for boys and girls facing a crisis. Moreover, participants will discuss the role of CP actors to support the wellbeing of caregivers and empower their parenting skills.

MODULE 4. Child safeguarding

This module will provide practical experience for reflecting on the safeguarding policies and measures that need to be established in order to ensure a safe environment for children. Existing standards for best practice will be shared and discussed with participants, as well as challenges to their implementation.

MODULE 5 How to design and implement a CPiE Program

The module will take participants through the different steps and elements of a CP in humanitarian action programming. It will include a review of key programmatic considerations, a description of strategic linkages with the CP national strategy in country and the reference to relevant operational guidelines.

MODULE 6: Assessment in CPiE. The innovative Needs Identification and Assessment Framework (NIAF)

Participants will be guided through the most recent developments in CP needs assessment, as per the global CP AoR guiding provisions. They will learn the innovative Needs Identification and Assessment Framework, NIAF, and understand an effective approach during the assessment phase. A practical application of the framework will be illustrated.

MODULE 7. Individual assessment and the key steps of case management

Through the direct implementation of the case management process, this module will focus on the skills and competencies to carry out an individual assessment and respond and document to a case of concern, as per the progressive steps outlined in the inter-agency guidelines for case management.

MODULE 8: Mental Health and Psychosocial Support

The IASC Mental Health and Psychosocial Support framework and its key principles will be presented, along with other recently developed key reference tools. Participants will understand how CP actors can offer effective and holistic MHPSS interventions to children and their families, beyond the existing predominant models (such as Child Friendly Spaces) and in close collaboration with other actors.



MODULE 9. Child Protection mainstreaming and integrated programming

This module will guide participants in how to integrate child protection across the spectrum of interventions in the humanitarian action. Participants will understand the importance of a referral network in a CP system and the importance of coordination between sectors. Concrete examples from the field will be discussed to allow an understanding of the practical application of the *mainstreaming* and *integration* concepts.

MODULE 10 . Monitoring and Evaluation (M&E) of CPHA interventions

The module focuses on the importance of CP monitoring and its complementary components. Critical aspects related to monitoring, such as establishing feedback and safe complaint mechanisms and the linkage between agency and cluster monitoring will be discussed. Through the review of existing tools and practical exercises, participants will acquire basic understanding on how to jointly monitor CPHA in a coordinated manner.

MODULE 11. Responding to specific needs and groups

In this module participants will learn and being able to identify the main groups at risks in a given context, and how to respond to cases of children presenting specific needs and vulnerabilities, in particular: children on the move and child survivors.

MODULE 12: Taking care of ourselves, while taking care of others

Participants will be given the opportunity to identify risk factors leading to stress and burn-out, as well as supportive strategies to cope with hardship and a demanding environment. They will learn practical techniques to help release the tension and clear the mind. This session will be mostly practical and participants will be guided through a few simple physical practices.

Methodology

The training grounds itself in the adult learning approach, based on experiential learning, experience sharing, co-creation and reflective analysis, with participants playing an active role throughout. The training consists of 5 days of in-presence course that will include cases studies, group exercises, presentations, intervention by external experts and with mentoring and networking during and in-between lessons. The course offers exposure to new ideas and new and seeks to inspire participants to step out of their comfort zones and experiment, all in a safe and reflexive environment. Participants who will attend all the modules will be granted a certificate by HumCap.

RECOMMENDED PRE-COURSE READING AND LEARNING

Pre-reading material will be provided before the training jointly with the final agenda.